



1
00:00:08,549 --> 00:00:06,470
michelle you're just about done with all

2
00:00:10,470 --> 00:00:08,559
of the preparations for this flight uh

3
00:00:12,549 --> 00:00:10,480
how do you feel about your readiness to

4
00:00:14,549 --> 00:00:12,559
finally get off of the planet

5
00:00:16,950 --> 00:00:14,559
well i think my crew and i are very

6
00:00:18,550 --> 00:00:16,960
excited about this upcoming mission and

7
00:00:20,470 --> 00:00:18,560
this upcoming launch

8
00:00:22,390 --> 00:00:20,480
we've been training for a little under

9
00:00:24,710 --> 00:00:22,400
two and a half years for this and of

10
00:00:26,630 --> 00:00:24,720
course we had the launch delay from may

11
00:00:28,710 --> 00:00:26,640
we've had some time to do some refresher

12
00:00:29,750 --> 00:00:28,720
training to get a couple more sims under

13
00:00:31,109 --> 00:00:29,760

our belt

14

00:00:33,190 --> 00:00:31,119

but we're ready to go

15

00:00:35,430 --> 00:00:33,200

well yes as you say you and ollie and

16

00:00:38,790 --> 00:00:35,440

kimy have had to wait out a launch delay

17

00:00:40,709 --> 00:00:38,800

because of a problem with a prior launch

18

00:00:43,670 --> 00:00:40,719

you guys feel like you're like you're

19

00:00:45,910 --> 00:00:43,680

well prepared now and eager to get going

20

00:00:48,389 --> 00:00:45,920

absolutely you know um we were very

21

00:00:50,150 --> 00:00:48,399

disappointed to see the the mishap with

22

00:00:52,069 --> 00:00:50,160

the progress vehicle

23

00:00:53,670 --> 00:00:52,079

and very excited to see the success of

24

00:00:55,830 --> 00:00:53,680

the the recent uh

25

00:00:57,750 --> 00:00:55,840

60p progress

26

00:00:59,990 --> 00:00:57,760

launch and docking

27

00:01:01,270 --> 00:01:00,000

we're very confident in the uh and the

28

00:01:02,950 --> 00:01:01,280

soyuz uh

29

00:01:04,789 --> 00:01:02,960

vehicle that we're going to be flying in

30

00:01:07,510 --> 00:01:04,799

we do have a couple of flight readiness

31

00:01:09,590 --> 00:01:07,520

reviews still to go next week but uh

32

00:01:12,870 --> 00:01:09,600

we're excited about the prospect of a

33

00:01:15,590 --> 00:01:12,880

launch on the 23rd of july well describe

34

00:01:18,230 --> 00:01:15,600

the day tell me what lies ahead for a

35

00:01:20,550 --> 00:01:18,240

soyuz crew on the launch day itself what

36

00:01:22,789 --> 00:01:20,560

what's in front of you guys from wake up

37

00:01:24,630 --> 00:01:22,799

to launch sure

38

00:01:26,630 --> 00:01:24,640

well i think it's kind of a surreal day

39

00:01:28,950 --> 00:01:26,640

and i i had the opportunity to see it as

40

00:01:30,870 --> 00:01:28,960

a backup member of the crew uh back in

41

00:01:32,950 --> 00:01:30,880

november when terry verts and samantha

42

00:01:35,190 --> 00:01:32,960

christopher eddy and anton schlapper

43

00:01:38,310 --> 00:01:35,200

launched so we get up at a kind of a

44

00:01:41,270 --> 00:01:38,320

normal time we have breakfast we do i

45

00:01:42,950 --> 00:01:41,280

think just some not a whole lot of uh

46

00:01:44,310 --> 00:01:42,960

heavy work just kind of mosey around a

47

00:01:46,149 --> 00:01:44,320

little bit and then take a nap in the

48

00:01:49,030 --> 00:01:46,159

early afternoon to try and sync us up

49

00:01:50,870 --> 00:01:49,040

with the launch schedule we

50

00:01:52,149 --> 00:01:50,880

do some final preparation some medical

51

00:01:54,230 --> 00:01:52,159

preparations

52

00:01:57,030 --> 00:01:54,240

and then have a light uh snack and then

53

00:02:00,149 --> 00:01:57,040

head out to the building 254 where we'll

54

00:02:02,389 --> 00:02:00,159

suit up um into our uh circle um

55

00:02:05,590 --> 00:02:02,399

spacesuits and out there we'll have the

56

00:02:06,950 --> 00:02:05,600

opportunity to uh see family from across

57

00:02:09,190 --> 00:02:06,960

through the glass and

58

00:02:10,630 --> 00:02:09,200

and have a last few moments before the

59

00:02:11,830 --> 00:02:10,640

launch we'll do a pressure check on our

60

00:02:13,190 --> 00:02:11,840

circle suits

61

00:02:14,229 --> 00:02:13,200

and then we'll head out to the launch

62

00:02:16,550 --> 00:02:14,239

pad

63

00:02:17,830 --> 00:02:16,560

well so as you look ahead now to this uh

64

00:02:19,350 --> 00:02:17,840

four or five months that you're going to

65

00:02:20,790 --> 00:02:19,360

spend in space

66

00:02:23,110 --> 00:02:20,800

is there something in particular that

67

00:02:25,190 --> 00:02:23,120

you're most looking forward to as an

68

00:02:26,869 --> 00:02:25,200

experiment or or a spacewalk or

69

00:02:27,670 --> 00:02:26,879

something else

70

00:02:29,430 --> 00:02:27,680

sure

71

00:02:30,869 --> 00:02:29,440

you know i i think that there are two

72

00:02:33,750 --> 00:02:30,879

things that i'm particularly looking

73

00:02:35,430 --> 00:02:33,760

forward to with this first flight um the

74

00:02:37,430 --> 00:02:35,440

first one is just the opportunity to

75

00:02:39,030 --> 00:02:37,440

look back at the earth i have several

76
00:02:40,869 --> 00:02:39,040
friends that have been that have flown

77
00:02:42,790 --> 00:02:40,879
and sent pictures back but every every

78
00:02:45,270 --> 00:02:42,800
time they say it just doesn't do

79
00:02:46,070 --> 00:02:45,280
reality justice and so to get to see the

80
00:02:48,470 --> 00:02:46,080
earth

81
00:02:50,070 --> 00:02:48,480
um constantly changing all the beautiful

82
00:02:51,110 --> 00:02:50,080
colors to look back at the earth with my

83
00:02:53,030 --> 00:02:51,120
own eyes

84
00:02:55,110 --> 00:02:53,040
that's very exciting for me and the

85
00:02:56,790 --> 00:02:55,120
second thing that just i feel so

86
00:02:58,790 --> 00:02:56,800
privileged to have this opportunity to

87
00:03:01,350 --> 00:02:58,800
do a long duration space flight to

88
00:03:03,350 --> 00:03:01,360

really learn how to live and work

89

00:03:06,149 --> 00:03:03,360

in space for a long period of time to

90

00:03:08,229 --> 00:03:06,159

really adapt to that environment

91

00:03:10,070 --> 00:03:08,239

only a few years ago someone in your

92

00:03:12,309 --> 00:03:10,080

position wouldn't have had the

93

00:03:14,470 --> 00:03:12,319

options available to share the mission

94

00:03:16,149 --> 00:03:14,480

that they're flying in space with those

95

00:03:18,309 --> 00:03:16,159

of us who are on the ground do you have

96

00:03:20,309 --> 00:03:18,319

plans to take advantage of social media

97

00:03:21,990 --> 00:03:20,319

and things like that to let us see what

98

00:03:24,149 --> 00:03:22,000

you're doing

99

00:03:27,270 --> 00:03:24,159

absolutely you know i'm i'm probably not

100

00:03:28,710 --> 00:03:27,280

the most active person on uh on twitter

101

00:03:30,550 --> 00:03:28,720

i've been keeping friends and family

102

00:03:33,830 --> 00:03:30,560

updated on facebook and i have an

103

00:03:37,030 --> 00:03:33,840

instagram account um but i absolutely

104

00:03:39,110 --> 00:03:37,040

plan to to share the experience with uh

105

00:03:41,270 --> 00:03:39,120

um with those who are interested using

106

00:03:43,350 --> 00:03:41,280

social media i think you're absolutely

107

00:03:46,390 --> 00:03:43,360

right that uh that we're really in a new

108

00:03:48,229 --> 00:03:46,400

era where we can almost real time

109

00:03:49,430 --> 00:03:48,239

share the things

110

00:03:50,710 --> 00:03:49,440

things that we're seeing things that

111

00:03:52,550 --> 00:03:50,720

we're doing

112

00:03:54,869 --> 00:03:52,560

share interesting things with

113

00:03:56,309 --> 00:03:54,879

with folks back here on earth

114

00:03:58,949 --> 00:03:56,319

and you'll be getting to do something

115

00:04:00,630 --> 00:03:58,959

that i think you've been waiting most of

116

00:04:02,390 --> 00:04:00,640

your life to get to do

117

00:04:03,750 --> 00:04:02,400

absolutely this has been a lifelong

118

00:04:05,910 --> 00:04:03,760

dream for me

119

00:04:07,509 --> 00:04:05,920

it's been kind of a windy path but i

120

00:04:09,589 --> 00:04:07,519

feel so

121

00:04:11,750 --> 00:04:09,599

it's such an honor to get to do this job

122

00:04:13,990 --> 00:04:11,760

and really what a privilege to be

123

00:04:15,670 --> 00:04:14,000

sitting here you know with the 14 days

124

00:04:17,749 --> 00:04:15,680

to go before launch

125

00:04:19,990 --> 00:04:17,759

you know it's gonna be six months or

126
00:04:21,670 --> 00:04:20,000
more before you get back to houston at

127
00:04:23,990 --> 00:04:21,680
the end of the mission how long you've

128
00:04:25,909 --> 00:04:24,000
been will have been gone from home

129
00:04:28,390 --> 00:04:25,919
tell me what it is you think that we're

130
00:04:30,469 --> 00:04:28,400
learning as from flying these missions

131
00:04:31,350 --> 00:04:30,479
that makes it worth that sacrifice for

132
00:04:33,030 --> 00:04:31,360
you

133
00:04:35,909 --> 00:04:33,040
sure well the space station is an

134
00:04:37,749 --> 00:04:35,919
incredible piece of engineering and it's

135
00:04:40,150 --> 00:04:37,759
a tremendous resource a national

136
00:04:41,990 --> 00:04:40,160
laboratory orbiting above the earth

137
00:04:43,990 --> 00:04:42,000
it gives us the opportunity to do

138
00:04:45,670 --> 00:04:44,000

research that will benefit our abilities

139

00:04:47,510 --> 00:04:45,680

to go deeper into space for longer

140

00:04:50,150 --> 00:04:47,520

periods of time to explore

141

00:04:52,790 --> 00:04:50,160

uh the ultimate goal to explore mars

142

00:04:54,550 --> 00:04:52,800

but it also benefits folks back here on

143

00:04:56,390 --> 00:04:54,560

the earth we're doing life science

144

00:04:57,590 --> 00:04:56,400

research materials research combustion

145

00:04:59,270 --> 00:04:57,600

research

146

00:05:02,629 --> 00:04:59,280

that is providing

147

00:05:04,390 --> 00:05:02,639

um real benefit to people back here

148

00:05:05,270 --> 00:05:04,400

well gel thanks for the for the few

149

00:05:07,350 --> 00:05:05,280

minutes

150

00:05:08,390 --> 00:05:07,360

have a safe trip and have a good time on

151

00:05:09,749 --> 00:05:08,400

orbit